

Laura Fuchs

7912 79 Ave NW, Edmonton, AB, T6C 0P8

lfuchs@ualberta.ca (780) 450-4188

Expertise

Critical Thinking
Teamwork

Time Management
Organization

Communication
Public Speaking

Leadership
Negotiation

Education

Bachelor of Child and Youth Care

University of Victoria, Victoria, BC

2016 – 2020

Diploma of Early Learning and Child Care

Bow Valley College, Calgary, AB

2010 – 2014

Research Interests

Early Childhood Education

- Evidence-based interventions to promote contemporary child development
- Reducing burnout and increasing support and longevity of educators
- Increasing resilience, self-regulation, and executive functioning
- Supporting learning through play: open-ended materials, play inspirations, enriched environments, and educating providers

Professional Experience

Workshop Leader

2011 – Present

Various conferences and agencies in Edmonton and Calgary, AB

- Investigating and critically appraising topics including risky play, parent engagement, and inclusivity
- Designing original workshops for in-services and conferences
- Empowering Early Childhood Educators through interactive workshops

Practicum Student

2019

Terra Centre for Teen Parents, Edmonton, AB

- Co-facilitating health care and parenting groups
- Empowering young parents in building parenting and life skills
- Reducing barriers and overcome challenges stemming from poverty and abuse
- Promoting holistic development of youth as students, parents, and citizens

Early Childhood Educator

2009 – 2019

Sunshine Dayhome, Edmonton, AB

- Owned and operated an accredited dayhome
- Prioritized outdoor play, learning through play, rhythm and routine
- Promoted community engagement and parental involvement
- Optimized child development through enriched programming, meals, activities, and caregiving
- Implemented research-based strategies to promote self-regulation, executive functioning, and optimal development

Achievements and Awards

Child Development Professional Award of Excellence

2017

- Received an award based on the quality of my accredited day home work and leadership in providing workshops to childcare professionals

Community Involvement

Program Leader

2009 - 2015

Song and Story Time, Edmonton, AB

- Designed and implemented a free, drop-in weekly program for parents and providers
- Engaged children of all ages in interactive stories, songs, fingerplays, and action games

Certificates and Skills

- | | | |
|---|-------------|---------------|
| • Level C CPR/First Aid Certified | Valid until | March 8, 2021 |
| • Child Care CPR/First Aid Certified | Valid until | March 8, 2021 |
| • Advanced Food Safety Certified | Valid until | Dec. 17, 2020 |
| • Brain Story Certification | | October 2019 |
| • Child Development Supervisor | | October 2014 |
| • Microsoft Office: Word, Excel, and PowerPoint proficiency | | |

Activities and Interests

Health

- Yoga
- Self-regulation
- Nature Walks

Travel

- Europe: Holland, Belgium, France
- Mexico
- BC: Sunshine Coast, Ucluelet, Nelson

Family

- Bonding with regular creative activities and physical exercise
- Educating about food through gardening and raising quails
- Empowering six children in a blended family, ensuring needs are met