

Jonathan Lai
Edmonton, Alberta
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Education and Training

Master of Science – Major: Aging January 2016–present
Department of Human Ecology, University of Alberta
Thesis Title: The Risks of Workplace Ageism for an Ageing Labour Force

Project Leadership Certificate August 2013–November 2013
Northern Alberta Institute of Technology

Bachelor of Arts – Major: Sociology, Minor: History September 2004–April 2009
University of Alberta

Professional Experience

Graduate Research Assistant October 2019–present
AGE-WELL Core Research Program
Project Title: Enhancing Employability of Older Workers and Family Carers

- Conduct a scoping literature review on employment barriers and facilitators for older workers and older job seekers
- Develop a survey for human resource professionals in the home care sector
- Collaborate with academic and industry partners

Graduate Research Assistant January 2020–March 2020
Department of Family Medicine

- Conducted a literature review on communication training for healthcare providers
- Prepared a findings report to inform the develop of training materials
- Participated in stakeholder meetings to develop video training materials

Research Assistant September 2017–June 2019
Women and Children’s Health Research Institute

- Interviewed caregivers on their experiences of the end of therapy transition
- Managed and analyzed qualitative data
- Enhanced interview guide questions and probes
- Participated in project knowledge translation activities

Graduate Research Assistant July 2018–April 2019
Policy, Location, and Access in Community Environments (PLACE) Research Lab

- Assisted in the writing and editing of manuscripts
- Extracted data from journal articles and gray literature for scoping reviews
- Developed questions for public and policymaker surveys

Academic Partner February 2016–February 2017; July 2017–December 2017
The Healthy Workplaces for Helping Professions Project

- Collaborated with stakeholders to develop a staff wellness framework
- Conducted two evaluation focus groups
- Designed and administered staff surveys

Graduate Research Assistant January 2017–August 2017
Caregiver Friendly Workplace Project

- Conducted a literature review on how employers can support employee-caregivers
- Analyzed Canadian General Social Survey data using SPSS 21

Report Analyst February 2015–September 2016
Surgery Strategic Clinical Network – Alberta Coding Access Targets for Surgery

- Developed a report automation system for surgical waitlists
- Fulfilled requests made for surgical waitlist data
- Recorded meeting minutes during team and provincial meetings

Research Assistant/Coordinator October 2011–February 2015
Faculty of Nursing, University of Alberta

- Conducted 45 in-person semi-structured interviews with older adults, family caregivers, and healthcare providers
- Coded and analyzed qualitative data using NVivo 10
- Ensured key work and communication files were kept up-to-date

Academic Publications

Fraser, K. D., Baird, L. G., Laing, D., **Lai, J.**, & Punjani, N. S. (2019). Factors that influence home care case managers' work and workload. *Professional Case Management, 24*(4), 201–211. <https://doi.org/10.1097/NCM.0000000000000320>

Fraser, K. D., Baird, L. G., Laing, D., **Lai, J.**, & Punjani, N. S. (2018). Case manager resource allocation decision-making for adult home care clients: With comparisons to a high needs pediatric home care clients. *Home Health Care Management & Practice, 30*(4), 164–174. <https://doi.org/10.1177/1084822318779371>

Fraser, K. D., **Lai, J.**, Nissen, C., Choo, Q., Davenport, J., & Gutscher, A. (2015). A scoping literature review: The state of knowledge on home care equipment and supplies. *Care Management Journals, 16*(4), 174-183. <https://doi.org/10.1891/1521-0987.16.4.174>

Fraser, K. D., O'Rourke, H.M., Wiens, H., **Lai, J.**, Howell, C., & Brett-MacLean, P. (2015). A scoping review of research on the arts, aging, and quality of life. *The Gerontologist, 55*(4), 719-729. <https://doi.org/10.1093/geront/gnv027>

Presentations – Presenter

- Lai, J.** (Fall, 2020). The Risks of Workplace Ageism for an Ageing Labour Force. Aging & Social Change: Tenth Interdisciplinary Virtual Conference, September 24–25, 2020. Vancouver, British Columbia.
- Lai, J.** (Winter, 2020). The Risks of Workplace Ageism for an Ageing Labour Force. Agricultural, Life & Environmental Sciences Graduate Student Association Research Symposium, March 12, 2020. Edmonton, Alberta.
- Lai, J.** (Winter, 2018). Ageism in the Workplace and the Risks of Disengagement for Older Workers. Agricultural, Life & Environmental Sciences Graduate Student Association Research Symposium, March 14, 2018. Edmonton, Alberta.
- Lai, J.** (Fall, 2017). Ronald McDonald House Charities of Southern & Central Alberta: Workplace Wellness Framework Presentation. Healthy Workplaces for Helping Professions Conference, October 13, 2017. Edmonton, Alberta.

Awards

- Canadian Research Data Centre Network and Statistics Canada
Public Policy & the Data Revolution Conference
Three Minute Thesis Competition – Second Place** Fall 2020
- Emerging Scholar Award, Aging & Social Change:
Tenth Interdisciplinary Conference** Fall 2020
- Alberta Award for the Study of Canadian Human Rights
and Multiculturalism (Master's)** 2019
- Graduate Student Scholarship (Master's)** Winter 2018
- Queen Elizabeth II Graduate Scholarship (Master's)** Fall 2017

Teaching Assistance

- HECOL 322 – Family Economic Issues** Winter 2018
- HECOL 322 – Family Economic Issues** Winter 2017

Academic Service

West-Central Regional Representative March 2020-present

AGE-WELL HQP Advisory Committee

- Attend monthly committee meetings
- Promote connections among HQPs within the AGE-WELL network

Graduate Student Association Council Representative September 2019–May 2020

Faculty of Graduate Studies & Research Council, University of Alberta

- Attended monthly council meetings
- Reviewed meeting agenda and minutes with the GSA council caucus
- Served as a member on the Academic Appeals Committee

Graduate Student Member February 2019

Community Connections Awards Committee – University of Alberta

- Deliberated on recipients for three award categories
- Reviewed all nominee submission files

Committee Member January 2019–present

Community Engaged Scholarship Committee – Macewan University

- Prepare speaking and networking events for community-based researchers
- Develop research collaboration opportunities

Graduate Student Member September 2018–January 2019

Dean Review Committee – Faculty of Agricultural, Life and Environmental Sciences, University of Alberta

- Developed the recommendation to renew or not renew the Dean's appointment for a second term
- Interviewed members of the faculty's senior administration
- Assessed the Dean's first term performance

Department of Human Ecology Councillor October 2017–November 2019

Graduate Students' Association Council

- Participated in Human Ecology Graduate Student Association (HEGSA) monthly meetings
- Represented HEGSA at bi-annual Alberta Human Ecology & Home Economics Association board meetings
- Circulated council meeting minutes to fellow graduate students
- Invited guest speakers to student co-working sessions

Graduate Student Member October 2017–May 2018

Dean of Students' Advisory Committee

- Improved the student quality of life experience at the University of Alberta
- Discussed issues that affect the well-being of the university student body

Community Involvement

Program Contributor February 2020–present

Age Friendly Edmonton

- Support positive ageing beliefs in the community
- Organize inter-generational community activities

Judge October 2019

RBC Changemaker Challenge

- Assessed student team pitches to develop programs to improve the quality of life for urban youths
- Deliberated with fellow judges on which teams should advance to the final round

Artist Check-In & Setup Assistant September 2018 & 2019

Strathearn Art Walk

- Helped artists setup their booths
- Assisted vendors with finding their designated locations

Event Volunteer May 2016

Edmonton Game Discovery Exhibition

- Provided exhibit information for patrons
- Handled guest admissions

Sport and Games Facilitator September 2015–December 2015

Boys and Girls Club of Edmonton

- Assisted with an after-school gymnasium session for youths
- Resolved conflicts that occurred between children

Valley Line LRT Citizen Working Group Member June 2015–present

City of Edmonton

- Discuss neighbourhood LRT development concerns with group members
- Share information about LRT construction with the community league

Program Contributor October 2014–June 2015

Edmonton's Next Gen – Voice Group

- Planned public speaking events that will host audiences of 50 people
- Developed event themes and speaker panels with committee members